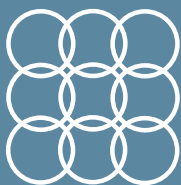# Health
Care Home

A Health Care Home isn't a building or a place. It is a way of providing health care that gets you and your family involved. A Health Care Home provides education and support for every area of care that you receive. In addition, a health care home is:

- Accessible: You can contact your care team and receive care when you need it
- Patient-Centered: You and your family are an important part of your health care team
- Continuous: You regularly see the same care providers
- Comprehensive: Most of the health care services you receive are provided in one location
- Coordinated: Your health care team works together to coordinate all the care you need and keeps a central medical record of all your health information
- Compassionate: Your well-being is the highest priority
- Culturally Competent: Your cultural and religious beliefs are respected
- Reliable: You can expect evidence-based care from your team, along with resources to teach you how to manage your own health care needs

Health Care Team

- You
- Your family
- Your primary care provider
- A nurse and medical assistant
- A health educator
- Dieticians, behavior health or other specialists may also help manage your health

Health
Care Home

Health Care Home Benefits

At a Health Care Home, your health care provider and team work together to:

- Make sure you, your family, and your health care team communicate well together.
- Help you and your family understand and manage your health.
- Advocate for you when necessary.
- Manage any off-site referrals that are needed, such as specialists and tests.
- Remind you of tests that are needed.
- Help you create and reach your health goals, as well as provide you with the tools to manage your own health.
- To help us accomplish this, please provide us with information such as medications, visits to specialists or the emergency room, and any other information about your overall health.

Support for the Entire Person

Open Door Health Services is here to help you with the health care services you need and want.

Primary Care Services:

- Preventive Care
- Adult Health Care
- Pediatric Care
- Prenatal Care
- Women's Health Care
- Geriatric Care
- Chronic Disease Management
- School-Based Health Care

Other Programs & Services:

- Dental Care
- Behavioral Health Care
- Nutrition and Health Education
- Medication Assistance Program
- Low-Cost Pharmaceutical Program
- Family Planning - Birth Control
- Social Services and Referrals
- Translation Services

www.opendoorhs.org